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A Memoir and Manifesto by Sonora Jha; Penguin India An absolute need of the hour born from the author’s extensive research on social injustice, this book promises to be a how-to guide on raising a ...

~~Books to read while social distancing~~

Actress Pooja Hegde had announced last week that she had tested positive for COVID-19 and had isolated herself immediately. Ever since the actress keeps sharing her day-to-day updates with her fans.

~~Pooja Hegde indulges in yoga and read books as she recovers from COVID-19~~

Jayasurya and Meghna Raj in Poppins - #5 :Jayasurya and Meghna Raj Hot Wallpapers from Poppins. Poppins Malayalam Movie stills with Jayasurya romancing Meghna Raj. Nithya Menona and Kunjchako Boban in ...

~~Poppins Movie Stills, Posters & Wallpapers~~

To make her community aware about the benefits of yoga, Rafia is writing a book on ‘Islamic way of yoga’ which will hit the stands very soon. “The primary objective behind Yoga Beyond ...

~~Faith no bar for this Yoga practitioner~~

A web series currently in the works aims at narrating the story of Ma Yoga Laxmi A web series currently ... The script will be based on author Rashid Maxwell’s book “The Only Life: Osho ...

~~Web series on Osho’s first secretary Ma Yoga Laxmi in works~~

When actress Mouni Roy is not making us jealous with stunning holiday snaps and photoshoots, she leaves us drooling with her food pictures. And the latest one on Instagram has left us all feeling ...

~~When Mouni Roy Cooked A Delicious Vishu Meal~~

I also do yoga for an hour in the evening every day ... she exclaims, “It was only after my debut film in Malayalam that I realised I have always wanted to be an actress. But right from my ...

~~Aishwarya Lekshmi: I think I contracted COVID-19 because I started taking it lightly~~

Earlier astrologers used to refer various books and charts to gather information about the influence of planets and stars on people. Now a days Online Astrology readings are gaining popularity and the ...

~~Free Astrology & Horoscopes~~

P Balachandran, veteran screenwriter and actor in Malayalam entertainment industry, has passed away. He was 69. Balachandran was undergoing treatment for meningitis for the past eight months.

~~Malayalam Actor and Screenwriter P Balachandran Passes Away~~

Bigg Boss Malayalam 3 is gearing up for the next eviction ... Sajina-Firoz Khan will be evicted from the show. Dancer and yoga exponent Sandhya Manoj entered the show as one of the 13 contestants.

~~Bigg Boss Malayalam 3 poll alert: Who will get evicted next? here's what netizens think~~

India’s famous cashew industry in Palasa, Srikakulam district, has been hit hard by various factors, including the partial lockdown imposed by the Andhra Pradesh government to control COVID-19.

~~Palasa cashew industry in deep financial crisis due to lockdown, fall in demand~~

Apart from English, the students can also take the Exam in Hindi, Assamese, Bengali, Gujarati, Kannada, Marathi, Malayalam ... Pranayama, or Yoga to ward off any kind of stress or nervousness.

~~JEE Main February 2021: Preparation tips for entrance exam~~

In this week, YS Weekender brought to you stories of how the idea of beauty has evolved over the years, the business of music, ayurvedic yoga, and more. "One only thinks about the stars as the ...

~~Best of Weekender: Shahnaz Husain on changing consumer patterns, clean beauty with Neemli Naturals, and more~~

Also Read: Bigg Boss Malayalam 3: Mohanlal slams Kidilam; Manikuttan accidentally reveals his remuneration for the show? Sandhya is a Malaysian Odissi dancer and Yoga expert and Teacher since the ...

~~Bigg Boss Malayalam 3: Sandhya Manoj gets evicted from Mohanlal hosted show~~

I am fighting this disease with a regular dose of rest, yoga, Ayurveda, hydration and rock N roll. I request everyone who has come in contact with me in the last few days, to get themselves tested ...

~~Palash Sen tests Covid positive after first dose of vaccine~~

She was seen wearing a variety of clothes, ranging from saris to jeans and jumpsuits. She also made her film debut in a Malayalam film at the age of 65. She has also been a part of the reality ...

~~Age Is Just A Number: Influencers Above Fifty Slaying On Social Media~~

However, there are plans to organise virtually some events for school and college students such as one on yoga that will not only educate them but also benefit them physically, says LNCPE Principal G.

~~COVID-19 second wave presses pause button on summer camps in Kerala capital~~

When it is safe to travel, one can book a stay at the peaceful property ... The property is ideal for yoga retreats and hosts regular workshops for travellers' wellbeing. (IANSlife Features ...

~~Seven inspiring sustainable stays in India~~

KOCHI: The second wave of Covid-19 infections sweeping the state has dealt a body blow to the Malayalam film industry, which was slowly on the road to recovery after suffering heavy loss to the ...

~~Second Covid wave deals cinemas a telling blow~~

Talking about parting with rights of his book, author Maxwell said: "The vision and work of Osho and its revolutionary effect on Laxmi and his people needs to be widely understood." Cast and ...

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